



PRODUCT BROCHURE



THE DNAwise EXPERIENCE



DNAwise analyzes your genetic predisposition to health conditions and provides genetics based recommendations for personalized nutrition and fitness. Your DNAwise genetic test report can be your reference guide for your life-long wellness. The report outlines your genetic inclinations toward various health conditions, how your body responds to different nutritional factors, and your inherent tendencies for fitness traits and habits. Armed with this information, you can make informed lifestyle adjustments by modifying your diet, exercise routine, and health checkups.

THE BENEFITS OF GENETIC TESTING

DNAwise provides genetic insights for early disease risk prediction and a range of benefits such as:

- 01 Once in a Lifetime Test
- 02 Early Risk Prediction & management of health conditions
- 03 Diverse Genetic Reports
- 04 Personalize your diet and fitness plan
- 05 Helps you personalize medication and treatment
- 06 Free Genetic Counseling



Genetics



Lifestyle



Health

Genetics is
Constant

Genes Don't Lie



YOU ARE UNIQUE SO IS YOUR DNA PROFILE!



Understand everything your DNA can tell you, and empower yourself to live a Healthy & Happy Life. DNAwise gives you insights on Parameters/ Categories related to...

Health

Know your Health Risks Early

Nutrition

Explore the Best Nutrition Plan for you

Fitness

Make your Best Move for a Fit Body



Habits

The Genes Behind Addictions

Medication

Predict Response to Certain Medicines

COVID-19

Know your Genetic Tendency for COVID-19

HEALTH (33 Parameters)

Bone and Joint Disorders

- Ankylosing Spondylitis
- Gout
- Osteoarthritis
- Rheumatoid Arthritis

Cancer

- Breast Cancer
- Endometrial Cancer
- Lung Cancer
- Colorectal Cancer
- Prostate Cancer

Endocrine/ Metabolic Disorders

- Hypothyroidism
- Obesity
- Type 2 Diabetes

Cardiovascular & Cerebral Diseases

- Atrial Fibrillation
- Coronary Artery Disease (CAD)
- High HDL (Good) Cholesterol Levels
- High LDL (Bad) Cholesterol Levels
- Hypertension
- Hypertriglyceridemia
- Myocardial Infarction
- Stroke

Eye Conditions

- Age-Related Macular Degeneration (AMD)
- Glaucoma

Gastrointestinal Disorders

- Celiac Disease
- Crohn's Disease
- Ulcerative Colitis

Gynecological Disorders

- Endometriosis
- Polycystic Ovary Syndrome (PCOS)

Neurological Disorders

- Alzheimer's Disease
- Migraine
- Multiple Sclerosis
- Parkinson's Disease

Respiratory Conditions

- Chronic Obstructive Pulmonary Disease (COPD)

Skin Conditions

- Psoriasis

NUTRITION (31 Parameters)



Diet and Weight

- Body Mass Index
- Carbohydrate and Weight Gain Tendency
- Response to High Fiber Intake
- Response to High Protein Intake
- Response to Mediterranean Diet
- Response to Monounsaturated Fats (MUFA) Intake
- Response to Polyunsaturated Fats (PUFA) Intake
- Saturated Fats Intake and Weight Gain Tendency

Taste Preference

- Bitter & Sweet Taste Preference

Deficiencies and Levels

- Antioxidant Requirement
- Bone Mineral Density
- Calcium Deficiency
- Homocysteine Levels
- Iron Deficiency
- Vitamin A Deficiency
- Vitamin B12 Deficiency
- Vitamin B6 Deficiency
- Vitamin B9 Deficiency
- Vitamin C Deficiency
- Vitamin D Deficiency
- Vitamin E Deficiency
- Vitamin K Deficiency

Eating Behaviour

- Adiponectin Levels
- Caffeine Metabolism
- Eating between Meals/ Snacking
- Response to Green Tea
- Satiety

Sensitivities & Intolerances

- Riboflavin and Blood Pressure Response
- Salt Intake and Blood Pressure Sensitivity
- Lactose Sensitivity

FITNESS (13 Parameters)



Cardiovascular/ Metabolic and Muscle Profile

- Blood Pressure Response to Exercise
- Hand Grip Strength
- HDL Cholesterol Levels with Exercise
- Insulin Sensitivity with Exercise
- Weight Loss with Exercise

Sports Profile

- Achilles Tendinopathy
- Aerobic Capacity
- Endurance
- Likelihood of Injury
- Power

Other Factors

- Motivation to Exercise
- Post-Exercise Recovery
- Response to Pain

HABITS (3 Parameters)

- Alcohol Dependence
- Caffeine Consumption
- Nicotine Dependence



LET YOUR DNA GUIDE YOU THROUGH PERSONALIZED MEDICATION!

Did you know that one medication does not suit all? The same drug cannot suit all individuals, even though the disease may be the same. Each individual reacts differently to the same medicine. Each individual is different and possesses unique genes. Your genes help you to know, how your body will respond to a certain drug. Genes influence the metabolism of the drugs you take. With MEDNAwise, we provide you with a genetic solution in precision medicine.

The MEDNAwise testing is based on Pharmacogenomics, a study that uses your genetic information to predict your response to certain drugs/medicines. This can help the doctors prescribe safer & more effective medication. By opting for MEDNAwise, you will get an opportunity to understand which drug suits you best, manage your treatment and increase its effectiveness.



Anesthesiology

- Desflurane
- Enflurane
- Halothane
- Isoflurane
- Methoxyflurane
- Sevoflurane
- Succinylcholine

Cardiology

- Clopidogrel
- Metoprolol
- Simvastatin
- Atorvastatin
- Rosuvastatin
- Fluvastatin
- Pravastatin
- Lovastatin
- Pitavastatin
- Propafenone
- Flecainide
- Warfarin
- Phenprocoumon
- Acenocoumarol
- Aspirin

Clinical Toxicology

- Dimercaprol

Dermatology

- Mafenide

Diabetology

- Glyburide
- Tolbutamide

Gastroenterology

- Ondansetron
- Tropisetron
- Pantoprazole
- Omeprazole
- Lansoprazole
- Dexlansoprazole
- Sulfasalazine

General Medicine

- Vitamin C
- Vitamin K

Gynecology

- Hormal Contraceptives for systemic use

Hematology

- Methylene Blue

Histopathology

- Toluidine Blue

Neurology

- Atomoxetine
- Siponimod
- Zuclopenthixol
- Phenytoin

Infectious Disease

- Atazanavir
- Efavirenz
- Peginterferon Alfa-2a
- Peginterferon Alfa-2b
- Anti-tuberculosis Drugs
- Voriconazole
- Dapsone
- Primaquine
- Tafenoquine
- Nitrofurantoin
- 4-aminosalicylic Acid
- Chloramphenicol
- Chloroquine
- Ciprofloxacin
- Furazolidone
- Hydroxychloroquine
- Nalidixic Acid
- Norfloxacin
- Ofloxacin
- Phenazopyridine
- Quinine
- Sulfadiazine
- Sulfamethoxazole
- Sulfanilamide
- Sulfisoxazole
- Amikacin
- Paromomycin
- Plazomicin
- Tobramycin

- Sulfadimidine
- Gentamicin
- Kanamycin
- Streptomycin
- Ribavirin

Oncology

- Tamoxifen
- Capecitabine
- Fluorouracil
- Mercaptopurine
- Rasburicase
- Doxorubicin

Organ

Transplantation

- Azathioprine
- Tacrolimus

Pulmonology

- Ivacaftor
- Ivacaftor Lumacaftor
- Ivacaftor Tezacaftor

Rheumatology

- Pegloticase

Psychiatry

- Venlafaxine
- Aripiprazole

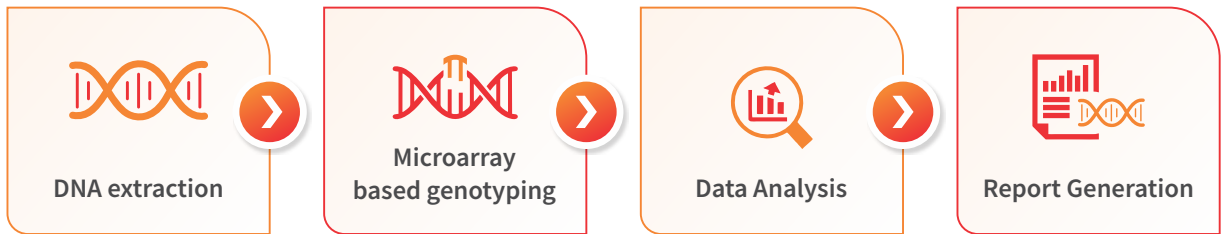
- Amitriptyline
- Citalopram
- Clomipramine
- Doxepin
- Risperidone
- Escitalopram
- Imipramine
- Trimipramine
- Desipramine
- Sertraline
- Fluvoxamine
- Nortriptyline
- Haloperidol
- Paroxetine
- Quetiapine
- Vortioxetine

Pain Management

- Codeine
- Hydrocodone
- Tramadol
- Celecoxib
- Ibuprofen
- Lornoxicam
- Flurbiprofen
- Meloxicam
- Tenoxicam
- Piroxicam

THE SCIENCE BEHIND DNAwise

Our scientific team includes experts with years of experience in the field of Genetics and Genomics. They use high quality scientific research data to decode your genetic information and turn them into meaningful health and wellness recommendations.



SIMPLE STEPS

1
SPIT



Buy DNAwise. Follow instructions to spit in tube provided with the kit.

2
SEND



Pack the kit with sample tube and send back to Indus at given address.

3
DISCOVER



Discover yourself through your genetic test report in just 3-4 weeks.

BENEFITS OF DNAwise



Saliva-Based
and User Friendly



Electronic access
to Reports via App



Latest Technology,
International Standards
& High Quality Reports



Done from the
Comfort of your
Home



Telephonic
Counseling by
Genetic Counselor



Helps in Personalizing
Annual Health Checkups
& Optimizing Treatment

DNAwise PACKAGES

Different people have different goals. So, we have different genetic testing packages.
Choose the package that's best for YOU!!

Premium

80 Parameters +
116 Medicines

DNAwise

80 Parameters

Wellness

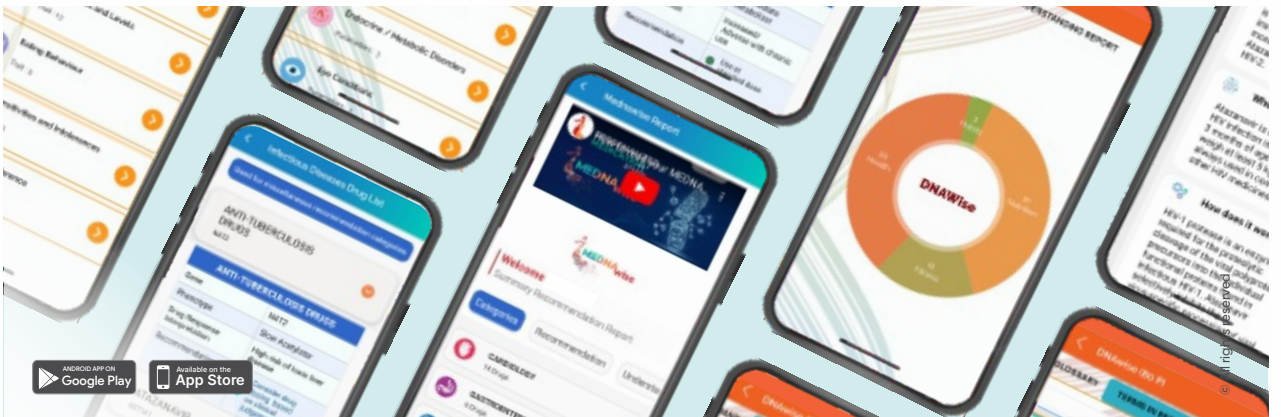
44 Parameters

MEDNAwise

18 Categories &
116 Medicines

COVIDNAwise

18 Parameters



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